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# The 4q25/*PITX2* SNP rs6817105 and Atrial Fibrillation in Uzbek Patients with Arterial Hypertension

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## Abstract

**Background**: Atrial fibrillation (AF) is one of the most common cardiac arrhythmias and a major predictor of morbidity and mortality. In recent years, genome-wide association studies (GWAS) have identified common genetic variants associated with a higher risk of AF. The aim of our research was to study the possible association of the 4q25/*PITX2* SNP rs6817105 with the risk of developing AF in patients with arterial hypertension (AH) in the Uzbek population.

*Methods and Results:* The study included 142 AH (Grades 1-3; ESC/ESH, 2018) patients of Uzbek nationality who were initially diagnosed with paroxysmal form (15[10.6%]), persistent form (43[30.3%]), and permanent form of AF (84[59.1%]). The mean age of these patients was  $64.8\pm10.9$  years. AF was verified using ECG Holter monitoring. The control group (n=88) consisted of AH patients without AF with a mean age of  $56.5\pm12.3$  years. Echocardiography was carried out according to the recommendations of the American Society of Echocardiography in M- and B-modes. We genotyped SNP rs6817105 (T>C) and examined the relationships among rs6817105 genotype, clinical characteristics, and echocardiographic parameters in AH patients with AF and non-AF AH patients (controls).

In AH patients with AF and AH patients without AF, the 4q25/PITX2 SNP rs6817105 genotype distribution was as follows: CC=72(50.7%), CT=60(42.3%), TT=10(7.0%) [ $\chi^2$ =45.690; *P*=0.000], and CC=34(38.6%), CT=37(42.1%), TT=17(19.3%) [ $\chi^2$ =7.932; *P*=0.019], respectively. The rs6817105 minor C allele frequency was significantly higher in AH patients with AF than in non-AF AH patients (71.8% vs. 59.7%, *P*=0.007). Analysis of the multiplicative model for the rs6817105 SNP showed a significant risk of AF in the carriage of the C allele (OR=1.72, 95% CI: 1.16-2.56, *P*=0.007). The dominant and additive models for the rs6817105 SNP showed a significant risk of AF with the carriage of the CC+CT genotypes (OR=3.16, 95% CI: 1.37-7.27, *P*=0.005) and the homozygous CC genotype (OR=1.63, 95% CI: 0.95-2.81, *P*=0.008), respectively. The allelic distribution showed that the carriage of the C allele was dominant in permanent and persistent AF (110/68.75% vs. 50/31.25% for the T allele [( $\chi^2$ =22.50, *P*=0.000], and 64(74.42%) vs. 22 (25.58%) for the T allele [ $\chi^2$ =20.512, *P*=0.000], respectively). Among AH patients with paroxysmal AF, the C allele prevailed to the greatest extent: 20(90.9%) vs. 2(9.1%) for the T allele ( $\chi^2$ =14.727, *P*=0.000), indicating a significant accumulation of the C allele and CC genotype among patients with paroxysmal AF. In general, in AH patients with AF, carriers of the CC genotype, the left atrial volume index (LAVI) was significantly higher than the carriers of the CT and TT genotypes: 46.8±13.9 ml/m<sup>2</sup> vs. 40.4±13.0 ml/m<sup>2</sup> and 36.1±11.0 ml/m<sup>2</sup>, respectively (*P*=0.0083).

*Conclusion*: The present study is the first molecular genetic study investigating the association of 4q25/*PITX2* SNP rs6817105 in AH patients with AF in the Uzbek population. Our results indicate the rs6817105 minor C allele and CC genotype are associated with the risk of developing AF in AH patients of Uzbek nationality. The highest accumulation of the rs6817105 minor C allele and CC genotype is found in paroxysmal AF. In carriers of the rs6817105 CC genotype, the LAVI was significantly larger than in carriers of the CT and TT genotypes.(International Journal of Biomedicine. 2023;13(3):72-78.)

Keywords: atrial fibrillation • rs6817105 • arterial hypertension • left atrial volume index

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## Abbreviations

AH, arterial hypertension; AF, atrial fibrillation; BP, blood pressure; DBP, diastolic BP; GWAS, genomewide association studies; IVST, interventricular septal thickness; LVMI, left ventricular mass index; LVH, left ventricular hypertrophy; LAD, left atrial dimension; LAV, left atrial volume; LAVI, left atrial volume index; LVESD, left ventricular end-systolic dimension; LVEDD, left ventricular end-diastolic systolic dimension; PWT, posterior wall thickness; SBP, systolic BP; SNP, single nucleotide polymorphism.

## Introduction

Arterial hypertension (AH) is one of the main factors causing a high risk of cardiovascular complications and mortality. Overall, according to ESH/ESC data for 2018, the prevalence of hypertension is 30%-45% of the general population, with a sharp increase with age. Today, 15%-40% of the adult population suffers from hypertension worldwide, and in people over 65 years of age, hypertension has been detected in 30%-50% of cases. Of patients with hypertension, 76% are at risk of dying within 10 years.<sup>(1)</sup> The existence of a relationship between high blood pressure (BP) and the risk of developing new-onset atrial fibrillation (AF) has been demonstrated.<sup>(2)</sup> Experimental evidence suggests that electrical and structural remodeling changes in the hypertensive heart may predispose to AF.<sup>(3)</sup>

AF is one of the most common cardiac arrhythmias and a major predictor of morbidity and mortality. AF is a polygenic and polyetiological disease. Of no minor importance are racial and ethnic differences in the prevalence of AF in the general population, noted in several studies. Factors that increase the risk of developing AF include age, hypertension, cardiomyopathy, valvular disease, and genetic predisposition. According to the literature, there is a familial form of AF, indicating the importance of genetic factors in the development of AF. Thus, mutations of various genes associated with ion channels have been identified, but it should be noted that such findings are extremely rare.<sup>(4)</sup>

In recent years, GWAS have identified common genetic variants associated with a higher risk of AF. The first GWAS for AF identified a chromosome 4q25 locus conferring the risk of AF in Icelanders.<sup>(5)</sup> To date, GWAS have identified  $\approx$ 140 genetic loci associated with AF,<sup>(6)</sup> located near genes coding for ion channels, developmental transcription factors, structural remodeling, and cytoskeletal proteins.<sup>(7)</sup> Among them, variants at 4q25, located upstream of the *PITX2* gene, demonstrate a strong association with AF in European and Japanese populations. GWAS have reported a strong association of the SNP rs6817105 (T>C) on chromosome 4q25 with AF.<sup>(8-10)</sup>

The paired-related homeobox (*PITX2*) gene is the nearest gene to the 4q25 AF-associated SNPs and is the most likely target for these 4q25 AF susceptibility variants.<sup>(11)</sup> The *PITX2* gene encoding for the transcription factor PITX2 (paired-like homeodomain transcription factor 2), one of

the homeobox transcription factors, is a main player in the regulation of asymmetric organogenesis. The *PITX2*, the closest gene to rs6817105, is a critical mediator of left-side morphogenesis.<sup>(12-15)</sup> *PITX2* regulates left-right differentiation (including sinoatrial node restriction to the right atrium), and deficiency leads to structural and electrical remodeling of the heart, which may lead to AF through different mechanisms.<sup>(7,16)</sup> Cardiac expression of *PITX2* is almost exclusively restricted to the left atrium in the normal adult heart.<sup>(17)</sup> The left atrium and sleeves of the pulmonary vein are potential substrates for AF development, and the pulmonary vein is often the origin of ectopic foci in AF patients.<sup>(18)</sup>

In mice models, reduced expression of PITX2c during development results in AF inducibility upon stimulation, which implicates a developmental role of this gene in AF susceptibility.<sup>(17,19,20)</sup> A number of researchers have observed that reduction in PITX2 resulted in potassium and calcium channel gene dysregulation, ultimately leading to a shortening of the atrial action potential, a depolarized resting membrane potential, and a predisposition to AF.<sup>(18,20,21)</sup>

Tomomori et al.<sup>(8)</sup> found that the rs6817105 minor C allele frequency (MAF) was significantly higher in AF patients than in non-AF controls (66% vs. 47%, OR 2.12,  $P=4.9 \times 10^{-26}$ ). Sinus node dysfunction was independently associated with the rs6817105 C allele in these AF patients, and left atrium enlargement was independently associated with the rs6817105 minor C allele in AF patients. The maximum sinus node recovery time (SNRT) and corrected SNRT (CSRT) increased with the number of minor C alleles and were longest in patients with the CC genotype.

Unfortunately, studies on the search for molecular genetic predictors of AF in AH patients in the Uzbek population are rare. Previously, a group of researchers studied only the association of the *ATFB5* SNP rs2200733 with the risk of developing AF in people of Uzbek nationality.<sup>(22)</sup>

The aim of our research was to study the possible association of the 4q25/PITX2 SNP rs6817105 with the risk of developing AF in patients with hypertension in the Uzbek population.

## **Materials and Methods**

The study included 142 AH (Grades 1-3; ESC/ESH, 2018) patients of Uzbek nationality who were initially diagnosed with paroxysmal form (15[10.6%]), persistent form (43[30.3%]), and permanent form of AF (84[59.1%]). The mean age of these patients was  $64.8\pm10.9$  years. The control group (n=88) consisted of AH patients without AF with a mean age of  $56.5\pm12.3$  years. The presence of AF was ruled out based on the history, the absence of symptoms of AF on physical examination, and a normal electrocardiogram at the time of inclusion in the study.

AF was classified as paroxysmal, persistent, and permanent in accordance with the ACC/AHA/ESC guidelines for AF.<sup>(23)</sup> The diagnosis of AF was based on ECG findings and/ or Holter ECG data according to standard diagnostic criteria. <sup>(24)</sup> AF was verified using ECG Holter monitoring (LABTECH Cardiospy, Hungary).

BP Office was measured using a mercury sphygmomanometer, according to Korotkov's method. BP was measured 3 times, and the means of these measurements were used in the analyses. Echocardiography was carried out according to the recommendations of the American Society of Echocardiography in M- and B-modes<sup>(25)</sup> using Philips Clearview-350 «Affiniti 30» Ultrasound Machine (the Netherlands). The following parameters were measured and calculated: IVST, PWT, LVEDD, LVESD, LAD, LAVI, and LVM (LVM was calculated using the formula R. Devereux. (1994) LVM was indexed to body surface area (LVMI). LVM was calculated using the formula R. Devereux.<sup>(26)</sup> Left ventricular hypertrophy (LVH) was defined as LVMI of >95g/  $m^2$  (for women) and >115g/m<sup>2</sup> (for men).<sup>(1)</sup>

Exclusion criteria were symptomatic hypertension, valvular heart disease, acute coronary syndrome, chronic heart failure (NYHA FC>III), cardiac arrhythmia, history of stroke and myocardial infarction, diabetes, renal impairment, severe co-morbidities, orthostatic hypotension, artificial pacemaker, QT>480 ms, documented, previous episodes of persistent ventricular arrhythmia, WPW syndrome, Brugada syndrome, bradycardia (HR less than 60 bpm), blood clots in the LA, thyroid dysfunction, sinus node dysfunction, SSS, secondthird-degree AV block.

To perform genotyping of blood samples for rs6817105 SNP, genomic DNA was isolated from whole blood using the ArtDNA MiniSpin kit (ArtBioTech LLC, BY) according to the manufacturer's standard protocol. The quantity and quality of DNA were determined on a NanoDrop 2000 spectrophotometer (Thermo Scientific<sup>TM</sup> Wilmington, DE, USA).

PCR was performed on the QuantStudio 5 Dx Real-Time PCR System (Applied Biosystems, USA). The reaction was carried out in a volume of  $10\mu$ l using the TaqMan® Genotyping Assays kit (Thermo Fisher Scientific, USA) according to the manufacturer's standard protocol. The reaction mixture contained of 10ng genomic DNA,  $5\mu$ l TaqMan Genotyping Master Mix,  $0.5\mu$ l TaqMan Genotyping Assays. Sample genotyping results were analyzed using the Thermo Fisher Scientific Design & Analysis 2.6.0 2021 program and entered for primary processing in Microsoft Excel-2019.

Statistical analysis was performed using the statistical software «Statistica» (v10.0, StatSoft, USA). Baseline characteristics were summarized as frequencies and percentages for categorical variables and as mean $\pm$  standard deviation (SD) for continuous variables. Multiple comparisons were performed with one-way ANOVA and Tukey HSD posthoc test. Genetic markers for HWE were tested. One-way table (chi-square goodness-of-fit test) was used to test categorical probabilities when one categorical variable had more than two levels. Four genetic models were analyzed (https://calc.pcr24.ru/index.php): the dominant model, the recessive model, the multiplicative model, and the additive model (the Cochran-Armitage trend test). Odds ratios (ORs) and 95% confidence intervals (CIs) were calculated. A probability value of  $P \leq 0.05$  was considered statistically significant.

The study protocol was reviewed and approved by the Ethics Committee of the Republican Specialized Centre of Cardiology. All participants provided written informed consent.

## Results

The distribution of polymorphic markers of the 4q25/ *PITX2* SNP rs6817105 in AH patients with AF and non-AF AH patients was in HWE (Table1). In AH patients with AF and AH patients without AF, the 4q25/*PITX2* SNP rs6817105 genotype distribution was as follows: CC=72(50.7%), CT=60(42.3%), TT=10(7.0%) [ $\chi^2$ =45.690; *P*=0.000], and CC=34(38.6%), CT=37(42.1%), TT=17(19.3%) [ $\chi^2$ =7.932; *P*=0.019], respectively. An analysis of the frequency distribution of the rs6817105 alleles showed that the carriage of the C allele was dominant in AH patients with AF (71.8% vs. 28.2% for the T allele;  $\chi^2$ =78.546, *P*=0.000), compared to non-AF AH patients (59.7% vs. 40.3% for the T allele;  $\chi^2$ =6.568, *P*=0.010). Thus, the rs6817105 minor C allele frequency was significantly higher in AH patients with AF than in non-AF AH patients (71.8% vs. 59.7%, *P*=0.007).

#### Table 1.

The distribution of polymorphic markers of the 4q25/PITX2 SNP rs6817105 in AH patients with AF (case) and non-AF AH patients (control).

Genotype	Case	HWE ;	$\chi^2$	Р	Control	HWE	$\chi^2$	Р	Allele	Frequency of alleles	
Gen	0.000		~							Case	Control
TT	0.070	0.079			0.193	0.163			Т	0.282	0.403
CT	0.423	0.405	0.13	0.72	0.420	0.481	0.74	0.39	С	0.718	0.597
CC	0.507	0.516			0.386	0.356					

Analysis of the multiplicative model for the rs6817105 SNP showed a significant risk of AF in the carriage of the C allele (OR=1.72, 95% CI: 1.16-2.56, *P*=0.007) (Table 2).

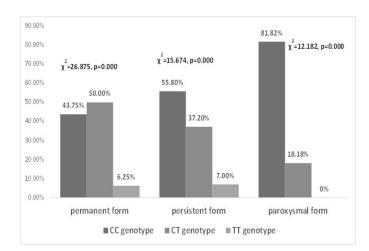
#### Table 2.

Genetic predisposition to TRH (the genetic models).

Inheritance model	Allele, Genotype	Case	Control	$\chi^2$	Р	OR (95%CI)
liioder	GeA	n=142	n=88			
Multiplicative model	Т	0.282	0.403	7.30	0.007	0.58 (0.39-0.86)
$(\chi^2 \text{ test, df=1})$	C	0.718	0.597			1.72 (1.16-2.56)
Additive model	TT	0.070	0.193			0.32 (0.14-0.73)
([CATT], xi=[0,1,2],	CT	0.423	0.420	7.004 0.0	0.008	1.01 (0.59-1.73)
df=1)	CC	0.507	0.386			1.63 (0.95-2.81)
Dominant	TT	0.070	0193	7.90	0.005	0,32 (0.14-0.73)
model $(\chi^2 \text{ test, df=1})$	CT+CC	0.930	0.807			3.16 (1.37-7.27)
Recessive	TT+CT	0.493	0.614	3.18	0.07	0.61 (0,36-1.05)
$(\chi^2 \text{ test, df=1})$	CC	0.507	0.386	5.18	0.07	1.63 (0.95-2.81)

The dominant and additive models for the rs6817105 SNP showed a significant risk of AF with the carriage of the CC+CT genotypes (OR=3.16, 95% CI: 1.37-7.27, P=0.005) and the homozygous CC genotype (OR=1.63, 95% CI: 0.95-2.81, P=0.008), respectively (Table 2).

Subsequently, the frequency distribution of the rs6817105 genotypes and alleles was analyzed considering the form of AF (Figures 1 and 2).



*Fig. 1.* Frequency distribution of the 4q25/PITX2 SNP rs6817105 genotypes in AH patients considering the form of AF.

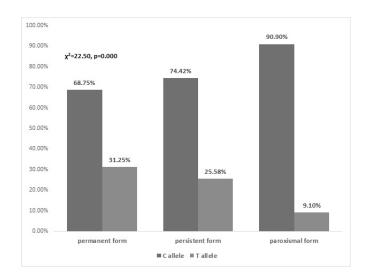


Fig. 2. Frequency distribution of the 4q25/PITX2 SNP rs6817105 alleles in AH patients considering the form of AF.

Among AH patients with permanent, persistent, and paroxysmal AF, the genotype distribution was as follows: CC=35(43.75%), CT=40(50%), TT=5(6.25%) ( $\chi^2$ =26.875, *P*=0.000); CC=24(55.8%), CT=16(37.2%), TT=3(7.0%) ( $\chi^2$ =15.674, *P*=0.000); CC=9(81.82%), CT=2(18.18%), TT=0 ( $\chi^2$ =12.182, *P*=0.002), respectively.

The allelic distribution showed that the carriage of the C allele was dominant in permanent and persistent AF

(110/68.75% vs. 50/31.25% for the T allele [( $\chi^2$ =22.50, *P*=0.000], and 64(74.42%) vs. 22 (25.58%) for the T allele [ $\chi^2$ =20.512, *P*=0.000], respectively). Among AH patients with paroxysmal AF, the C allele prevailed to the greatest extent: 20(90.9%) vs. 2(9.1%) for the T allele ( $\chi^2$ =14.727, *P*=0.000), indicating a significant accumulation of the C allele and CC genotype among patients with paroxysmal AF.

We also analyzed the initial clinical data (age, duration of AH, SBP, DBP, LAVI, LVMI) in AH patients with various AF forms, considering the rs6817105 SNP. In general, in AH patients with AF, carriers of the CC genotype, the LAVI was significantly higher than the carriers of the CT and TT genotypes: 46.8±13.9 ml/m<sup>2</sup> vs. 40.4±13.0 ml/  $m^2$  and 36.1±11.0 ml/m<sup>2</sup>, respectively (P=0.0083) (Table 3). A similar analysis was carried out among AH patients with paroxysmal and persistent AF. These patients were combined into one group (n=54) due to the small size of the presented sample. There were no significant differences in clinical characteristics (age, duration of hypertension, SBP, DBP, IOLR, LVMI) among rs6817105 genotypes in the patient group (Table 4). However, there was a trend toward an increase in the values of LAVI in carriers of the CC genotype.

#### Table 3.

Clinical characteristics of AH patients with AF considering the 4q25/PITX2 SNP rs6817105 genotypes (n=129).

Variable		One-Way ANOVA		
variable	CC (n=69) CT (n=50) [1] [2]		TT (n=10) [3]	P-value
Age, yrs.	64.7±10.2	65.0±10.1	61.7±12.3	0.6483
AH duration, yrs.	12.8±9.1	15.4±10.8	15.3±16.4	0.3780
SBP, mmHg	146.9±25.9	143.4±26.2	147.5±26.0	0.7477
DBP, mmHg	90.4±11.03	88.6±12.9	91.8±14.6	0.6262
LAVI, ml/m <sup>2</sup>	46.8±13.9	40.4±13.0	36.1±11.0	0.0083*
LVMI, g/m <sup>2</sup>	280.2±104.6	269.6±101.7	230.5±75.8	0.3458

\*Tukey HSD post-hoc test:  $P_{[1-2]} = 0.0296$ ,  $P_{[1-3]} = 0.0507$ 

A similar analysis was carried out among AH patients with permanent AF (n=75). There were also no significant differences in clinical characteristics (Table 5).

Thus, the results obtained indicate the rs6817105 minor C allele and CC genotype are associated with the risk of developing AF in AH patients of Uzbek nationality. The highest accumulation of the rs6817105 minor C allele and CC genotype is found in paroxysmal AF. In carriers of the rs6817105 CC genotype, the LAVI was significantly larger than in carriers of the CT and TT genotypes.

## Table 4.

Clinical characteristics of AH patients with paroxysmal and persistent AF considering the 4q25/PITX2 SNP rs6817105 genotypes (n=54).

Variable		One-Way ANOVA		
	CC (n=34) CT (n=15)		TT (n=5)	P-value
Age, yrs.	62.2±10.8	61±9.49	53±14.4	0.2152
AH duration, yrs.	11.4±7.4	12.5±9.6	13.8±11.3	0.7989
SBP, mmHg	150.5±25.9	146±28.4	156±28.8	0.7457
DBP, mmHg	92.6±9.6	87.6±16.7	94±15.1	0.3856
LAVI, ml/m <sup>2</sup>	37.4±11.8	33.0±9.1	28.9±2.24	0.1578
LVMI, g/m <sup>2</sup>	143.0±60.2	128.6±38.9	111.6±25.7	0.3864

Table 5.

Clinical characteristics of AH patients with permanent AF considering the 4q25/PITX2 SNP rs6817105 genotypes (n=75).

Variable		One-Way ANOVA		
	CC (n=35)	CT (n=35)	TT (n=5)	P-value
Age, yrs.	67.2±9.1	66.5±10.1	65.8±7.5	0.9270
AH duration, yrs.	14.3±10.3	16.6±11.1	16.2±19.3	0.6927
SBP, mmHg	143.4±25.7	142.4±25.6	146.0±23.0	0.9533
DBP, mmHg	88.2±12.0	89.0±11.5	91.0±12.4	0.8722
LAVI, ml/m <sup>2</sup>	50.4±14.4	48.2±12.0	41.2±12.7	0.3327
LVMI, g/m <sup>2</sup>	141.7±44.2	139.0±41.9	131.1±34.1	0.8652

## Discussion

The rapid development of scientific technologies has made it possible to identify new cellular and molecular levels of AH pathogenesis. To date, sufficient factual material has been accumulated on the involvement of candidate genes in the development of AH, damage to target organs, and cardiovascular complications. On the one hand, left ventricular myocardial remodeling underlies electrophysiological changes in the heart of a patient with hypertension, triggering cardiac arrhythmias, including AF. On the other hand, the literature presents gene mutations (in particular, SCN5A, KCNQ, ATFB5, PITX2 gene polymorphisms), which can cause heart rhythm disturbances, including AF. Many loci associated with the development of AF have been identified to date.<sup>(27)</sup> AF is often promoted by certain combinations of genes, including the genes encoding components of renin-angiotensin-aldosterone and endothelial systems. Detection of left atrial dilatation can provide additional information and is a prerequisite for the diagnosis of diastolic dysfunction. It has been shown that LAVI>34 ml/m<sup>2</sup> is an independent predictor of death, heart failure, AF, and ischemic stroke.

We investigated relationships between 4q25/ *PITX2* SNP rs6817105 polymorphic markers and clinical and functional parameters in Uzbek patients with AH and AF. Our results indicate a significantly greater accumulation of the rs6817105 minor C allele and CC genotype among AH patients with AF than among AH patients without AF. In AH patients with AF, carriers of the CC genotype, the LAVI was significantly higher than the carriers of the CT and TT genotypes: 46.8±14.9 ml/m<sup>2</sup> vs. 40.4±13.0 ml/m<sup>2</sup> and  $36.5\pm11.6$  ml/m<sup>2</sup>, respectively (*P*=0.020). The multiplicative model for the rs6817105 SNP showed a significant risk of AF in the carriage of the C allele (OR=1.72, 95% CI: 1.16-2.56, P=0.007). The additive and recessive models for the rs6817105 SNP showed a significant risk of AF with the carriage of the homozygous CC genotype (OR=1.63, 95% CI: 0.95-2.81, *P*=0.008).

In recent years, GWAS have identified common genetic variants associated with a higher risk of AF in populations of European ancestry.<sup>(9,28-30)</sup> However, ethnic differences exist in the frequency of AF-related SNPs between European and Asian populations.<sup>(31,32)</sup>

The present study is the first molecular genetic study investigating the association of 4q25/PITX2 SNP rs6817105 in AH patients with AF in the Uzbek population. Our results regarding the 4q25/PITX2 SNP rs6817105 in AF development are consistent with the previous observations.<sup>(8,33-35)</sup> We verified that the 4q25/PITX2 SNP rs681710 is associated with AF and showed that a carriage of the minor C allele and CC genotype results in left atrial enlargement.

## Conclusions

• Our results indicate the rs6817105 minor C allele and CC genotype are associated with the risk of developing AF in AH patients of Uzbek nationality.

• The highest accumulation of the rs6817105 minor C allele and CC genotype is found in paroxysmal AF.

• In carriers of the rs6817105 CC genotype, the LAVI was significantly larger than in carriers of the CT and TT genotypes.

## **Competing Interests**

The authors declare that they have no competing interests.

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